

# Specialized Inpatient Care for Women & Newborns

The Antepartum/Gynecology/Gyn-Oncology Unit includes team members who are specially trained to care for high-risk patients who need inpatient care before delivery, have gynecological disorders, have women's cancer, and experience complications after childbirth.

## High-Risk Obstetrics

The High-Risk Maternity Unit at JPS is dedicated to taking care of women experiencing health challenges during pregnancy, premature labor, or similar conditions that require bed rest at the hospital. This special unit offers a quiet environment equipped with comfortable amenities.

The unit is staffed with doctors and nurses trained to focus on the patient's special needs. Other members of our healthcare team also provide services to patients, including social services professionals, pastoral care providers, dietitians, lactation consultants and respiratory, physical and occupational therapists.

Doctors with advanced high-risk pregnancy training, called perinatologists, are available 24 hours a day to consult with primary care providers. Neonatologists from our NICU can provide information to families about newborns with exceptional needs and how to care for them.

## Neonatal Intensive Care Unit (NICU)

The NICU, also called a Special Care Nursery or a Newborn Intensive Care Unit, is a special unit in the hospital dedicated to care for premature babies — babies born too early — and full-term babies who need extra medical attention. This means that any sick baby, from 23 weeks gestation or older, is cared for in this unit.

Doctors, neonatal nurse practitioners, registered nurses, and other healthcare workers care for these babies around the clock and provide support for their parents and loved ones. A baby's stay in the NICU can last anywhere from a few days to a few months, depending on their medical condition.

### Types of medical challenges treated in the NICU:

- Pre-term birth – babies born at 23 weeks gestation and weighing at least one pound
- Babies born with an infection
- Babies who are stressed during birth and need more attention than in the newborn nursery
- Babies that require a higher level of care than given in traditional Mother/Baby units.

### Services for premature babies:

Premature babies receive a hearing and developmental assessment to determine if they need additional services, such as rehabilitation, before they go home. If developmental or medical follow-up is required, arrangements are made before the baby is discharged from the hospital.

