A licensed therapist is available 24 hours a day, 7 days a week by dialing **817-702-1688**

## Mental Health

**MHMR of Tarrant County I-CARE Line**

[www.mhatc.org](http://www.mhatc.org)

**817-335-3022**

24-hour crisis hotline

*(call or text)*

MHMR Mobile Crisis Outreach Team can be dispatched for face-to-face crisis intervention.

**Suicide and Crisis Center of North Texas**

**214-828-1000**

24-hour crisis hotline

**National Suicide Prevention Hotline**

**1-800-273-8255**

24-hour crisis hotline

**Mental Health America of Greater Tarrant County**

3136 W. 4th Street, Fort Worth, TX 76107

**817-569-5780**

Main line

**817-546-7826**

The “Warm Line”

Monday - Friday, 1 p.m. – 5 p.m.

*(Call for support, but not in crisis)*

**National Alliance on Mental Illness:**

**Tarrant County**

[www.namitarrant.org](http://www.namitarrant.org)

3136 W. 4th Street, Fort Worth, TX 76107

**817-332-6677**

**Depression Connection for Recovery**

[www.depressionconnection.org](http://www.depressionconnection.org)

3205 Hamilton Avenue, Fort Worth, TX 76107

**817-492-1330**

**Depression and Bipolar Support Alliance**

[www.dbsafortworth.wixsite.com/dbsafortworth](http://www.dbsafortworth.wixsite.com/dbsafortworth)

1400 8th Street, Fort Worth, TX 76104

**817-654-7100**

## Substance Abuse

**Recovery Resource Council**

[www.recoverycouncil.org/](http://www.recoverycouncil.org/)

**817-332-6329**

Located in Fort Worth, Dallas and Denton

**Alcoholics Anonymous**

[www.fortworthaa.org](http://www.fortworthaa.org)

**817-332-3533 or 1-800-396-1602**

1501 Hemphill Street, Room A, Fort Worth, TX 76104

**Nar-Anon**

[www.nar-anon.org](http://www.nar-anon.org)

**1-800-477-6291**

**Texas Al-Anon / Alateen**

[www.texas-al-anon.org/ftworth/](http://www.texas-al-anon.org/ftworth/)

**817-336-2492**

For information on meetings and locations

**Narcotics Anonymous**

[www.fwana.org](http://www.fwana.org)

**817-335-6360**

**817-624-9525**

Area helpline for meeting information

Fort Worth Area Service Office (FWASO)

6816 Camp Bowie Boulevard West, Suite 124

Fort Worth, TX 76116
Domestic Violence/Sexual Assault

The Women's Center of Tarrant County
womenscentertc.org
817-927-4040
723 Hemphill Street, Fort Worth, TX 76110

817-548-1663
401 W. Sanford, Suite 1200, Arlington, TX 76011
817-927-2737
24-hour Rape Crisis and Victim Services hotline

SafeHaven
safehaventc.org
1-877-701-7233
24-hour Bilingual hotline

One Safe Place
onesafeplace.org
817-885-7774
Main phone
817-916-4323
Help with domestic violence
1100 Hemphill Street, Fort Worth, TX 76104

Cancer Care / Elder Care

James L. West Center for Dementia Care
jameslwest.org
817-877-1199
1111 Summit Avenue, Fort Worth, TX 76102

Cancer Care Services
cancercareservices.org
817-921-0653
623 S. Henderson Street, Fort Worth, TX 76104

Care.com
Connects families to a trusted network of independent caregivers
care.com

Additional Helpful Phone Numbers

Legal Aid Fort Worth
1-800-955-3959

Legal Aid for Survivors of Sexual Assault (LASSA)
1-800-991-5153

National Human Trafficking Hotline
1-888-373-7888
24-hour hotline
Additional Support Groups

Overeaters Anonymous
https://oa.org/

Sex Addicts Anonymous
http://saa-recovery.org/

S-Anon
Groups for family and friends of sex addicts
https://www.sanon.org

Co-Dependents Anonymous (CoDA)
http://www.codatexas.org/

GriefShare
https://www.griefshare.org/

DivorceCare
https://www.divorcecare.org/

Survivors of Suicide (SOS)
http://www.survivorsofsuicidesos.com/
817-335-5405 or
817-277-0660 Facilitator: Sharon Walker, LCSW
3136 W. 4th Street Fort Worth, TX 76107

The WARM Place
Support group for children who have lost a family member.
https://www.thewarmplace.org/
817-870-2272
809 Lipscomb Street Fort Worth, TX 76104

The Compassionate Friends:
Fort Worth Chapter
Support group for those who lost a child.
http://www.thecompassionatefriendsfw.com/
682-201-0837
5001 Briarhaven Fort Worth, TX 76109
Room #271