

September 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4 Labor Day	5 RED Bus Diamond Hill 10am	6 RED Bus Stop Six Clinic 10am	7	8	9	10
11	12	13	14 RED Bus Women's Main 10am	15 Start of Hispanic Heritage Month	16 Grief Education Class Como Community Center 11am	17
18	19 RED Bus Southeast Tarrant 10am	20	21	22	23 Health & Wellness Fair 8am	24
25	26 RED Bus South Campus 10am	27	28 Empowering Seniors Hurst Convention Center 8:30 am	29	30	

EVENTS

13th Annual Empowering Seniors Health & Wellness Expo

Hosted by Commissioner Gary Fickes, this annual expo will provide resources and education to older adults in the Tarrant County Community

Sexual Health Awareness Month

Sexual health encompasses mind, body, and spirit. Everyone should be knowledgeable about sexual health, and it's important to advocate for education.