

# What to Expect for Your Endoscopy Procedure

Confirmed date: \_\_\_\_\_

Confirmed time: \_\_\_\_\_

(The endoscopy department will call you with a time)

Confirmed place: \_\_\_\_\_

## JPS Main Endoscopy

1350 S. Main Street  
Fort Worth, TX 76104  
**817-702-1683**

## JPS Surgical Center-Arlington

4400 New York Avenue  
Arlington, TX 76018  
**817-702-8500**

### ■ Confirmed Adult:

- Please note that if you arrive without another adult, we will need to reschedule your appointment.

### ■ Driver/Ride Rules:

- Must be at least 18 years old and are kindly asked to remain in the waiting area throughout the visit. Please note that the wait time is typically between three to four hours.

### ■ Set Up for the Day:

- Know when to drink your prep.
- Know when and what to eat.
- Know when to take your medicine.

### ■ Things to Do the Day of:

- Wear cozy clothing, easy to put on and take off.
- Leave dentures and removable teeth at home.
- No smoking or chewing gum.
- No jewelry.

### ■ Medicine:

- We will discuss your medication during the call.

### ■ COVID-19, call us at 817-702-5629 if you have:

- Fever, chills, cough, hard to breathe, headache, or body aches.

### ■ Colonoscopy

- The day before, you can only have clear liquids.
- No solid food.
- Certain medicine with a small sip of water the morning of.

### ■ Other Procedures

- Nothing to eat or drink after midnight the night before.
- Medicine with a small sip of water the morning of.



**JPS Health Network**  
Fort Worth, Texas