Patient Name:	Date:
Address:	

Endoscopy Patient Instructions

Thank you for choosing JPS Health Network for your healthcare needs. Here is some important information for your appointment at JPS Endoscopy. Please make sure to read it all carefully at least **two weeks before** your procedure. Please know, failure to follow instructions may cause your procedure to be delayed or canceled.

Procedure Information

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You will receive a call 2 - 3 days before your procedure with arrival time.

Location:

JPS Surgical Center Arlington 4400 New York Avenue, Arlington, TX 76108 JPS Main Endoscopy 1500 S. Main Street, Fort Worth, TX 76104

Next Steps			
Bowel Prep:	Pre-Procedure Processing	Transportation Policy	
Golytely	Expect a call from the Admitting Office for pre-registration and	Please arrange for an adult driver (18 or older) to arrive with you, remain for the duration of your procedure, and drive you home after the procedure.	
Pharmacy location – auto default to patient's preferred pharmacy.	review of financial cost.	Please know that failure to comply may result in rescheduling or canceling your procedure.	

Important Contact Information:

- For questions regarding pre-registration, financial screening, payment options, insurance authorizations or changes to coverage please contact the Admitting Office at 817-927-1236.
- For questions about your procedure, medication changes, or issues with your bowel prep script please call the GI Patient Care Coordinators Monday Friday from 8 a.m. 5 p.m. at 817-702-2758.

Cancellations

Scheduling procedures require careful planning between staff, doctors, and the hospital. If you must cancel or reschedule, we ask that you please call at least **five business days** prior to the procedure at **817-702-2758**. Thank you for your help and consideration.

Medications to Stop				
What Medication?	When to Stop?	Medication Examples		
Nonsteroidal anti-inflammatory drugs (NSAIDs)	Five days before procedure	Ibuprofen, Meloxicam, Naproxen, Aleve		
Anticoagulation/Antiplatelets	Per physician instructions	Warfarin (Coumadin), Heparin, Eliquis, Xarelto, Plavix, Aspirin		
GLP-1 Agonist	If taking: Weekly – hold one week before procedure Daily – hold one day before procedure	Semaglutide (Ozempic or Wegovy), Tirzepatide (Mounjaro)		
Diuretics	Hold day of procedure	Hydrochlorothiazide (HCTZ), Furosemide (Lasix), Spironolactone (Aldactone)		
Diabetic Medications	Hold day of procedure	Insulins: Humulin, Novolog, Levemir Oral: Metformin, Glipizide		

If you are unsure or need clarification on medications to hold, please call **817-702-2758** before your procedure and have your medication list ready when calling.

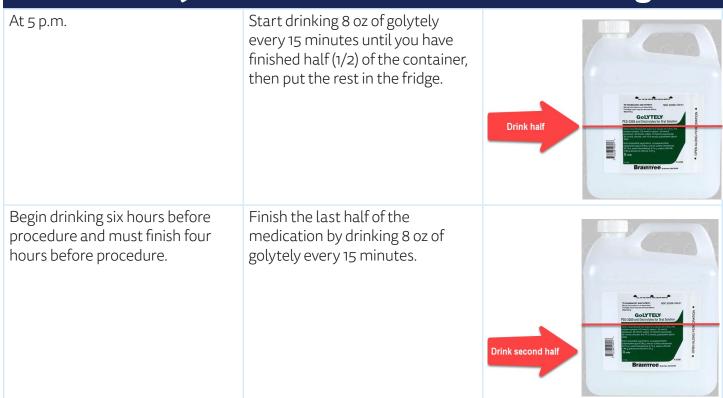
One Day Before the Procedure - Morning

- 1. Stop all solid food and begin a clear liquid diet (nothing red, blue, or purple).
- 2. Prepare the golytely bowel prep and put it in the fridge.

Water		Clear soda – Sprite or Sierra Mist
Coffee with Sugar (No cream or milk)		Popsicles without cream or fruit (No red, blue, or purple)
Gelatin (No red, blue, or purple)	777	Clear broth (No meat or veggie pieces)
Clear, light-colored juice – apple juice or white grape juice (No pulp, red, or purple)		Clear sports drink – Gatorade or Powerade (No red, blue, or purple)

No puddings or liquids you cannot see through. No meat, rice, noodles, or veggies.

One Day Before the Procedure - Evening



Do **not** eat or drink anything else once you have finished the bowel prep medication.

1 cup = 8 oz

Day of Procedure

- Do not eat or drink anything, including gum or candy.
- Take blood pressure and/or seizure medications with small sip of water only.
- Leave all valuables at home such as jewelry and dentures.
- Wear loose comfortable clothing.
- Arrive one hour prior to your scheduled time.
- Important: Adult driver must arrive with you, remain for the duration of your procedure, and drive you home after the procedure. Please know that failure to comply may result in rescheduling or canceling your procedure.

