

Are you a high school or college student looking to make a difference in the lives of patients or caregivers at JPS? If so, our Serve and Learn program could be a perfect option for an individual or a group project. We recognize the positive impact volunteers make virtually and want to offer an activity that engages you in volunteer service and learning opportunities.

The Serve and Learn program is designed to directly impact and benefit our JPS patients, caregivers, and you! As a virtual volunteer, this opportunity allows you to be engaged in a structured program, volunteer at your own pace, and obtain service hours, if needed.

We offer two components: active service and vocational learning. As a volunteer, you will first complete service activities provided within the program structure. Once an activity is completed and delivered, you can move forward with one of the learning options. Educational components focus on areas of interest within the healthcare field.

## Activity Components

For all virtual service activities, JPS does not provide materials or supplies. Volunteer service project drop-offs must be prescheduled in advance. Project delivery will be accepted Tuesday, Wednesday, or Thursday between 10 a.m. and 3 p.m. (No weekend drop-offs).

### Virtual Service Activity

The first option is to complete a service activity within the program structure. Work individually or gather your friends or family to conduct a collection or a drive for the activity. Once an activity is completed and delivered, you can move forward with one of the educational learning options provided.

### Educational Activity

These components are focused on areas of interest within the healthcare field. If you choose to move forward, a reflection assessment is required upon completion.

## Virtual Service Activity

All service activities can be individual or completed in a group.

### 1. Card-o-logist

10 Volunteer Hours (Must accompany another activity)

This is for the students who want to be creative and crafty. You may choose to work with friends or family. The only supplies you need for these homemade cards are construction paper and a writing utensil, such as crayons, markers, etc. In addition, your card can include encouraging and uplifting messages along with stickers, stamps, and glue on crafts (please no glitter). Volunteers must create a minimum of 35 cards to receive the full volunteer hours.

Your handmade cards can include:

- New baby
- Veterans day
- Valentine's day
- Thanksgiving
- Happy holidays
- Positive and inspirational words for patients
- Cheerful words for caregivers

## 2. Mindful Givers

### 20 Volunteer Hours

Help keep our patients' minds active with fun puzzle books, word searches, or coloring books. These items provide a great alternative to watching television or being bored, and are gifts they can take home. Volunteers must donate a minimum of 35 gifts to receive the full volunteer hours.

## 3. Take Home Totes

### 20 Volunteer Hours

Organize a backpack drive! This is a great activity to do with your friends, family, or classmates. New backpacks provide a safe way to carry personal items home, such as clothing and medicine. Standard sizes and all types accepted. Volunteers must donate a minimum of 20 backpacks to receive the full volunteer hours.

## 4. Travel "Kitter"

### 20 Volunteer Hours

This can be done by conducting a "collection or drive." Small items can be purchased directly from a local dollar store. Items must be travel size (Chapstick, hand and body lotion, mouthwash, toothbrush, toothpaste, shampoo, comb, etc). Please seal them in a plastic zip top bag. Travel kits directly support our patients' hygiene needs. Volunteers must donate a minimum of 20 full bags to receive the full volunteer hours.

## 5. Snack Surpriser

### 20 Volunteer Hours

What's in the bag? It's always nice to open a gift and not know what's inside. Surprise our healthcare workers with a treat! Fill up individual sacks or bags with chips, granola bars, cookies, candy, or fruit (e.g. a banana or apple). Bags can be decorated, or you can use other carrying items such as small boxes or baskets. All items must be store-bought and not homemade for infection prevention reasons. Volunteers must donate a minimum of 20 full bags to receive the full volunteer hours.

## 6. Meal Sponsor

### 70 Volunteer Hours

Support local eateries such as one of your favorite bakeries, restaurants, or catering services while feeding a floor or unit of frontline workers who serve around the clock. This option can be boxes of donuts, breakfast tacos, boxed or sacked lunches, dinners, etc. Homemade foods are not accepted due to infection prevention. Contact us directly for specific details and to schedule arrangements. Volunteers must donate a minimum of 35 meals (two hours per meal) to receive the full volunteer hours.

## Educational Learning Activities

All educational activities are individual.

### 1. JPS History Scavenger Hunt

#### 15 Volunteer Hours

Research a minimum of 10 facts pertaining to the history of JPS Health Network, to receive the full volunteer hours. Summarize in 300 words.

Examples:

- Who is the founder of JPS?
- What is the Mission and Vision for JPS?
- What are the Rules of the Road™ and their purpose?

### 2. Vocational Sessions

#### 20 Volunteer Hours

Have you ever wanted to learn about the ins and outs of a particular healthcare field? These activities allow you to learn from various professions and gain knowledge. If so, choose ONE vocational session activity to complete and receive the full volunteer hours. Each activity must be pre-arranged with your coordinator. A reflection assessment must be completed for all vocational sessions.

- Listen to a JPS Podcast.
- Watch a JPS Video.
- Have a personal conversation with a JPS Health Network team member via zoom or phone call.