



# Helping Hands

SIZING CHART GUIDE FOR HANDMADE ITEMS



## Hats

Baby	Preemie	12" x 4.5"
	Newborn	13" x 6"
Adult	Small	22" x 9"
	Medium	23.5" x 10.5"
	Large	24.5" x 11"

## Scarves

Women	4.5" - 8" x 64" - 69"
Men	4.5" - 8" x 67" - 75"

## Blankets

Baby	Receiving	36" x 36"
	Preemie	18" x 18"
	Baby	36" x 36" square or 36"-38" x 40"-42" Knitted and crochet blankets must be 36" square or slightly larger.
Adult	Lap	39" x 48"
	Throw	52" x 60"
	Twin	60" X 75"

## Other Items

Lovey	10" x 10" or 12" X 12"
Resolution Squares	12" x 16" (no batting needed) Please use appropriate fabric as these are for grieving parents.
Ostomy Bag Covers	5 5/8" x 9 1/2" with opening can range from 1 3/4" to 2 3/4", so it may need to be adjustable. A sample is available in our office for your reference. Click <a href="#">here</a> for a link to a pattern.
Post-Mastectomy Heart Pillows	Click <a href="#">here</a> for a link to a pattern.

## Reminders

- Fleece is not accepted in the Intensive Care Unit. This applies to both the NICU and ICU. However, they are accepted for babies and adults in all other units.
- Any crocheted or knitted blankets cannot be given to preemies in NICU, so make sure they are sized according to the knitted or crocheted baby blanket chart listed.
- Knitted and crocheted blankets are given to new moms upon discharge.
- Think about a new mom receiving a blanket for their baby - use children-friendly colors and patterns.
- Please wash all quilts and blankets before donating them.
- Please refer to the list of current needs on our website for items we are currently accepting and not accepting.

*A big thank you and much appreciation from your JPS Volunteer Services Team!*

### JPS Volunteer Services

Monday-Friday  
8 a.m. - 4 p.m.

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