



Family Medicine Residency

Preparing You
for the
World's Next
Challenge



Our Mission is *Your Future.*

The future foundation of our nation's health resides in the JPS Health Network Family Medicine Residency.

As the largest program in the country, we are proud of our storied tradition. Our graduates practice full service family medicine in nearly every state across the U.S. and in numerous countries around the globe. They serve their communities in a vast array of practice settings such as rural, suburban, international, inner city, and academic. JPS graduates are proven leaders in their communities at local, state, and national levels.

JPS is known for unparalleled clinical experience and procedural training. In addition, rigorous academic instruction has resulted in record scores on the American Board of Family Medicine In-Training Examination each of the past fifteen years.

We are passionate about the future. Since 2006, we have led the national in residency curriculum innovation to meet the needs of the communities our graduates serve. We believe a personalized approach to resident education will produce the best physicians and we will continue our innovations via the new ACGME AIRE project (Advancing Innovation in Residency Education).

Welcome to the nation's premier family medicine residency.



Daniel Casey, MD

Program Director



About JPS Health Network

An expansive healthcare system and Tarrant County's only Level I Trauma Center, JPS Health Network provides compassionate care for more than 1 million patients each year. JPS was ranked #1 in "The 20 Best Hospitals for America" and "50 Best Teaching Hospitals for America" by *Washington Monthly* and is the only public entity in Texas included on the list of *Modern Healthcare's* 2018 Best Places to Work, one of the most coveted honors in the industry. With a culture centered in care and powered by pride, our mission is to transform healthcare delivery for the communities we serve through patient and family-centered care.

Legendary Training

The broad base of knowledge and well-rounded experience you get at JPS gives you the flexibility to choose what type of medicine you practice and where. These are just some of the areas and procedures in which you can look forward to exceptional training.

- Nation's Premier Maternal Child Health Four-Year Track
- Advanced Hospital and Critical Care with airway and ventilator management, bronchoscopy, central and arterial line placements
- ARMS: Advance Rural Medicine and Surgery Four Year Track
- Endoscopy
- Street Medicine with homeless outreach
- Integrated Ultrasound Training
- Practice Management
- Lifestyle Medicine
- HIV Longitudinal Track
- Behavioral Health four-year option
- Adolescent Health four-year option
- Leadership and Ethics
- Advanced Community Medicine
- Level 1 Trauma



Ten Reasons to Choose JPS

- 1.** JPS trains more family medicine physicians than any other program in the U.S.
- 2.** JPS residents care for the medically underserved across the globe and locally through our innovative street medicine track.
- 3.** Our large, diverse patient population allows training in complex and multiple disease processes.
- 4.** JPS is the national leader in procedural training and is known for an outstanding academic curriculum.
- 5.** JPS offers unparalleled clinical experience in the stabilization and treatment of complicated cases in both inpatient and outpatient settings. All resident health centers are recognized as Level 3 Patient-Centered Medical Homes by the National Committee for Quality Assurance.
- 6.** Our International Health Clinic gives you the opportunity to treat refugees from around the world.
- 7.** JPS has the nation's premier family medicine, four-year, advanced Maternal Child Health track.
- 8.** You'll get the opportunity to contribute to our outstanding research reputation.
- 9.** JPS offers Sports Medicine, Geriatric Medicine, and Hospice and Palliative Medicine fellowships, as well as fourth-year training in rural medicine, obstetrics, advanced procedures, global medicine and Advanced Rural-Global Medicine and Surgery (ARMS).
- 10.** JPS is a nationally recognized education innovator as an ACGME Length of Training Pilot and P4 initiative participant.



Fort Worth, Texas

A unique mix of Old West and modern charm, Fort Worth really is a great place to call home.

- Proximity to DFW airport means you're just a nonstop flight away from anywhere you want to be
- Sundance Square, a thriving downtown area
- Historic Fort Worth Stockyards
- Bass Hall, one of the top 10 opera houses in the world (*Travel & Leisure*)
- World-class art museums
- Minutes away from the Dallas Cowboys, Texas Rangers, Dallas Mavericks, and Dallas Stars
- Lakes, rivers and outdoor recreation
- The Shops at Clearfork and West 7th Street District are premier shopping, dining, and entertaining destinations



Resident & Family Support

The JPS Family Medicine Residency Program is designed to test your limits, but that doesn't mean you have to go at it alone. We aim to foster physician well-being in a supportive educational environment while focusing on the promotion of well-being and improvement of resiliency factors related to meaning in daily work as a physician.

Well-Being Goals

1. Foster psychological/emotional safety, compassion, and empathy among all residents, fellows, faculty, and staff
2. Support residents' and fellows' physical, emotional, psychological, spiritual, financial, and intellectual health
3. Provide education on well-being
4. Destigmatize, raise awareness, and establish a process for mental health complaints
5. Promote use of confidential support resources at or outside of JPS Health Network

Family Medicine Curriculum

JPS residents may select either three or four years of residency training. As part of the ACGME Length of Training Pilot, we expect to transition to the new ACGME AIRE (Advancing Innovation in Residency Education) project in the near future. Residents may complete four years of training select an area of emphasis such as obstetrics, sports medicine, geriatrics, hospital medicine, rural medicine, or additional procedural experiences. The resident's area of emphasis is additional training on top of a strong generalist foundation.

Areas of Interest

Behavioral Medicine

All JPS Family Medicine residents receive training in behavioral medicine aimed at producing well-rounded, do-it-all family doctors. Interns spend time with behavioral medicine faculty in a variety of contexts including health psychology clinic, street medicine outreach, addiction treatment centers, and women's mental health. Curriculum also includes cases and workshops focused on psychiatric diagnosis/management, communication skills, and health and behavior change as well as inpatient medical consult and liaison psychiatry experiences.

Trauma and Emergency Medicine

JPS is Tarrant County's only Level I Trauma Center and has more than 125,000 emergency department visits per year. At JPS, you'll be exposed to countless pathologies and treat many diseases in their most advanced stages. Residents are front-line providers in advanced resuscitation, trauma management, and acute care. There are countless opportunities for procedural training, and residents are fully integrated into the multidisciplinary team. Opportunities are available for residents to complete an Advanced Acute Care track with additional experiences in Emergency/Critical Care and procedures.



Underserved Populations

JPS Health Network is located in the inner city of the Fort Worth-Dallas Metroplex and is the only health network in Tarrant County dedicated to caring for medically vulnerable populations. From day one, you will be an integral part of our team's efforts to care for those who need us most.



Adult Medicine and Critical Care

Many residents consider adult medicine and critical care to be some of the best experiences. Our residents obtain the confidence to diagnose and care for a diverse population with a variety of diseases rarely seen outside a public hospital. Residents also care for continuity patients alongside family medicine faculty on inpatient teams.

Lifestyle Medicine

JPS Family Medicine residents have the option to participate in a 24-month Lifestyle Medicine track, certified by the American College of Lifestyle Medicine (ACLM). Lifestyle factors are being increasingly recognized for their central role in the prevention and management of chronic disease. Accordingly, the next generation of primary care physicians can benefit from having advanced training in this growing sub-discipline. Upon completion of this track, residents will be eligible to sit for the ACLM board certification exam in Lifestyle Medicine.

Pediatrics & Adolescents

Over the years, pediatrics has become one of the strengths of our program. Our residents do rotations at both Children's Health Dallas and Cook Children's in Fort Worth – two of the top pediatric hospitals in the world. The inpatient and emergency medicine rotations are some of the most popular resident experiences.



Rural Medicine

With so many people relying on them for medical care, rural physicians have to be ready for anything. At JPS, our rural medicine training program is nationally recognized as one of the best in the country. You'll learn to handle internal medicine, ICU, emergency medicine, procedures, orthopedics, and obstetrics with complete confidence. Plus, residents routinely rotate through several small Texas communities with JPS alumni. It's this kind of real-world experience that sets JPS apart.



Global Medicine

Practicing medicine on a global scale comes with its own unique set of challenges and opportunities. On any given day, you might find yourself treating people with cerebral malaria, eclampsia, severe malnutrition, or a venomous snake bite.

That's why the training you receive at JPS is designed to help you be ready for anything. Residents considering a global medicine career have the opportunity to treat refugees from around the world in our International Health Clinic, be part of the Acclaim Street Medicine team, and provide care for people living with HIV. We offer global health didactics twice a month and rotations in a dozen locations in Latin America, sub-Saharan Africa, and Asia. Many of our residents who are preparing for overseas service opt to stay on for a fourth year of advanced training in surgical obstetrics or general surgery.

Sports Medicine

At JPS, we introduce all our family medicine residents to sports medicine because we know this type of treatment is useful far beyond the playing field. Sports medicine training gives our residents the opportunity to examine, diagnose, and treat common musculoskeletal pathology under more extreme conditions than you would generally find in a primary care facility.

Residents receive comprehensive, hands-on training for the examination and treatment of athletes at a variety of facilities and attend lectures by sports medicine physicians. JPS Sports Medicine Physicians are the official team doctors for Texas Christian University, and they work with a variety of athletic programs and organizations in the Fort Worth area.

Obstetrics

One of the hallmarks of the JPS Family Medicine Residency Program is maternity care. Operative obstetrics is emphasized in the Maternal Child Health Area of Emphasis (MCH AOE). Since its inception over fifteen years ago, graduates have each performed over 150 Cesarean sections during their MCH rotations. Operative obstetrics is emphasized in the third and fourth year maternal-child, rural, and international medicine areas of emphasis. MCH residents also complete a formal obstetric, procedural, and ultrasound curriculum.



The pediatric hospitalist inpatient experience provides unique one-on-one care for a variety of general pediatric conditions. They will experience high-volume nursery care, neonatal resuscitation, and pediatric outpatient care. Residents care for the 4,000 babies born at JPS each year through experiences in our nursery, NICU, and outpatient clinics after discharge.

Community Medicine

This track is designed to be a three- or four-year program where residents will gain knowledge and competency in the principles of community and public health and will have the opportunity to obtain a degree or certificate in a chosen area of their choosing: Public Health, Lifestyle Medicine, Obesity Medicine, or HIV Primary Care. Through the four-year track, a learner can obtain a Master's of Public Health. Residents will receive education in chronic disease management, social determinants of health, population health, obesity management, and care of vulnerable populations — including homeless outreach, addiction medicine and Suboxone management, and HIV primary care. Residents will also have the opportunity to work on a community project that will positively impact the community and improve patient care.



Advanced Rural/Global Medicine and Surgical Experience

The ARMS (Advanced Rural/Global Medicine and Surgical) Track is a unique and innovative four-year track designed to prepare “comprehensivists” capable of providing essential medical and surgical care in low-resource settings. ARMS builds on the core competencies of medicine, pediatrics, obstetrics, and rural-global training at JPS to include training in General and Plastic Surgery, advanced procedural skills, endoscopy, and additional intensive care training (PICU, NICU, SICU, MICU). Residents are encouraged to pursue electives in international or rural sites with a heavy surgical focus, including C-sections. During the fourth year, all of the ARMS residents take an international trip with JPS faculty from General Surgery, Family Medicine, and Plastic Surgery. Some ARMS residents also join a general surgery resident and attending on international trips to the Philippines and Sub-Saharan Africa (Niger or Kenya).

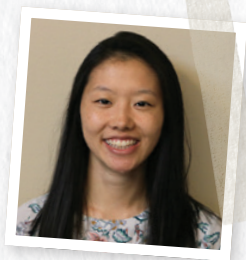
Street Medicine

JPS Health Network’s location in the busy Southside of Fort Worth offers many opportunities to care for those who need us most. Our residency has a track entirely dedicated to Street Medicine, meeting our patients where they are in their reality, on the streets, under bridges, and in their encampments within Tarrant County. The Street Medicine Track includes: time spent in direct patient care on the streets, didactics regarding special topics for vulnerable patients (i.e., addiction medicine or wound care), and specialized opportunities to interact with the healthcare and homeless service systems for people experiencing homelessness (i.e., an inpatient consult team, working with local political and mental health officials).



"I chose MCH because I really enjoy taking care of women throughout their pregnancy and continue the care of mom and baby after delivery! There is a great need in rural areas around the U.S. and around the world for obstetrical care and surgical obstetrics. It is a privilege to get this training at JPS. I value most my relationships with my co-residents, faculty, and patients in my MCH training."

Jane Puntkattalee, MD – PGY4
Maternal Child Health Track



"I chose to train at JPS because I knew I would receive broad and excellent training here. I was specifically drawn by the various tracks unique to JPS. Furthermore, the flexibility of the program allows us to cater our training experience in a way that prepares us to best treat our future patients. The coordinators and faculty members here at JPS that have been extremely supportive, flexible, and eager to work with each resident to help us achieve our individual goals. Because of the flexibility of our program, I have been able to pursue street medicine, IHC, and the ARMS track, while also traveling internationally. These experiences have undoubtedly enhanced my training by teaching me how to address different medical problems and social barriers unique to distinct populations.

"I chose to pursue the ARMS track specifically because, post-residency, I hope to serve in Ethiopia where the need for healthcare providers competent in surgical skills remains a huge health disparity. By pursuing the ARMS track, I knew I would graduate equipped with basic surgical skills that I could apply in an international or rural setting. The ARMS track and family have definitely been a highlight of my training here at JPS."

Yordanos Agajelleh, MD – PGY4
*Advanced Rural Global
Medicine Surgery Track*



Accomplishments of Faculty and Alumni

Doug Curran, MD

Texas Medical Association President

Roland Goertz, MD

Past AAFP President

Mark Koch, MD

American Cancer Society
St. George Award recipient

Grant Fowler, MD

Author of *Pfenninger and Fowler's Procedures for Primary Care*, which includes chapters by many JPS faculty and alumni

Darin Portnoy, MD

Vice President of the International Board of Doctors without Borders

Peter Valenzeula, MD, MBA

CMO, Mercy Medical Group; recognized twice by the Medical Group Management Association and American College of Medical Practice Executives (MGMA-ACMPE) with the Harwick Innovation Award and the Physician Executive of the Year Award

Richard Young, MD

Author of *American Health Scare*

Kent Brantly, MD

Physician with Christian Health Service Corps, Author of *Called for Life*, and Honored as *TIME's* 2014 Person of the Year

"I chose JPS because I knew the family medicine training here would stretch me professionally and personally. I planned to practice in an underserved, under-resourced environment, and I knew that JPS was the best place I could prepare for such a career.

"Whether facing an Ebola outbreak, dealing with the SARS-CoV-2 pandemic, or caring for complicated obstetric patients in a rural hospital in the heart of Africa, JPS gave me the foundation I needed for the work I do every day."

Benefits

Salaries

PGY1:	PGY2:	PGY3:	PGY4:
\$59,599.69	\$61,900.15	\$64,248.62	\$67,025.27

Insurance

Medical and dental insurance is provided for the resident and immediate family members. JPS also provides disability and professional liability coverage.

Maternity/Paternity Leave

Residents have access to 6 weeks of paid leave. JPS grants maternity and paternity leave in accordance with the Family Medical Leave Act. Residents need to consider that leave may impact final completion date in accordance with ABFM guidelines.

Educational Allowance

PGY1:	\$1,000
PGY2-3:	\$1,500 each year

Relocation Allowance

\$1,500 provided for all new residents

Vacation

PGY 1:	17 days PTO
PGY 2-4:	20 days PTO and 5 days to attend educational activities

Membership Fees

American Academy of Family Physicians
New England Journal of Medicine

Course Fees

ATLS, ALSO, PALS, NRP, Difficult Airway Course, Yale Primary Care Curriculum, American College of Physician's Inpatient Curriculum, Global Ultrasound Institute Curriculum, MKSAP Digital

JPS provides the following for all residents:

- Cell phone allowance
- Meals
- Parking
- Text pager
- Lab coats
- Tax-deferred annuity
- Savings bonds
- Direct deposit
- Medical and dental benefits (*employer paid premium*)
- Vision plan (*available for purchase by employee*)
- Healthcare (*flex spending accounts available for self and dependent care*)
- Long-term disability (*employer paid after 90 days of employment*)
- Short-term disability (*available for purchase by employee*)
- Cancer/Critical illness insurance (*available for purchase by employee*)
- Worker's compensation
- 457 deferred compensation plan
- Basic group term life/accidental death & dismemberment
- Universal voluntary life insurance (*available for purchase by employee*)
- Employee Assistance Program
- Malpractice insurance
- Educational Employees Credit Union (EECU)
- Family Medical Leave (FMLA)
- Health club membership discounts
- Discount tickets to Six Flags Over Texas and the Fort Worth Zoo
- Tuition assistance for advanced degrees
- Personal leave
- Paid time off
- Paid holidays
- Paid bereavement
- Paid jury duty
- Paid military leave
- Six weeks paid leave
- 24-hour medical library

PGY 1 Rotation

	Traditional	Comprehensive Maternity Care	Rural/Global	Maternal Child Health	ARMS*	Sports Medicine	Geriatric Medicine
Adult Inpatient Medicine	2.5	2	2.5	2	2	2.5	2.5
Quality Improvement Project and Behavioral Health & Clinical Ethics	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Emergency Medicine	1	1	1	1	1	1	1
General & Trauma Surgery	1	1	1	1	1	1	1
Health Systems Management	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Pediatrics: Ambulatory	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Nursery	1	1	1	1	1	1	1
Pediatrics: Inpatient <i>(Cook Children's or Children's Health Dallas)</i>	1	1	1	1	1	1	1
MICU	1	1	1	1	1	1	1
Elective: Sports, MCH, Endoscopy, Cards, ARMS, HIV(track), Ultrasound	0.5	0	0.5	0	0	0.5	0.5
OB/GYN Teams	2	3	2	3	3	2	2
Psychiatry: Consult Liaison Service & Emergency Center	0.5	0.5	0.5	0.5	0.5	0.5	0.5

Time in months

12

12

12

12

12

12

12

Three-year track

Four-year track

*Advanced Rural-Global Medicine and Surgical Track

PGY 2 Rotation

	Traditional	Comprehensive Maternity Care	Rural/Global	Maternal Child Health	ARMS*	Sports Medicine	Geriatric Medicine
Adult Inpatient Medicine	3	2	2	2	2	2	2
Derm/Wound Care or Medical Specialty <i>(Renal, Endocrine, Hem/Onc, Neuro, Palli)</i>	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Geriatrics I	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Emergency Medicine JPS	1	1	1	1	1	1	1
Children's Health Dallas ER C-Pod Selective or Endoscopy	0.5	0.5	0.5	0.5	0.5	0.5	0.5
MICU	1	1	1	1	1	1	1
OB/GYN Teams	-	1	1	2	1	-	-
GYN	1	1	1	-	-	1	1
Orthopedics	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Pediatrics: Emergency Medicine <i>(Children's Health Dallas)</i>	1	1	1	1	1	1	1
Pediatrics: Ambulatory	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Nursery	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Core Procedures in FM/Ultrasound/Casting & Splinting/Endoscopy	1	1	1	1	1	1	1
Elective	1	1	0	1	0	0	0
Elective: Rural or Global	0	0	1		1	0	0
Elective: AOE	0	0	0	<i>(OB Teams)</i>	1	2	2

Time in months

12

12

12

12

12

12

12

Three-year track

Four-year track

*Advanced Rural-Global Medicine and Surgical Track

PGY 3 Rotation

	Traditional	Comprehensive Maternity Care	Rural/Global	Maternal Child Health	ARMS*	Sports Medicine	Geriatric Medicine
Adult Inpatient Medicine	2.5	2	2	1.5	1.5	2	2
ENT Adult and Pediatric	0.5	0.5	0.5	0	0.5	0.5	0.5
Pulmonary	0.5	0.5	0.5	0	0	0.5	0.5
Cardiology	1	1	1	0	0	1	1
Emergency Medicine	0.5	0.5	0.5	0	0.5	0.5	0.5
Urology	0.5	0.5	0.5	0	0.5	0.5	0.5
Geriatrics II	0.5	0.5	0.5	0	0	0.5	0.5
MICU	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Sports Medicine	1	1	1	0.5	0	0	0
Pediatrics: Inpatient Cooks Nocturnist	0.5	0.5	0.5	0	0.5	0.5	0.5
Pediatrics: Ambulatory	0.5	0.5	0.5	0	0.5	0.5	0.5
Pediatrics: Ambulatory (Cook Children's Short Stay Unit)	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Endoscopy	0	0	0.5	0	0	0	0
MCH Helper/MCH Clinic	0	1	0	0	0	0	0
MCH Helper/ICU Helper	0	0	1	0	0	0	0
Outpatient Medicine/Surgery (Cards, Pulm, Ped-Amb, ENT)	0	0	0	1	0	0	0
Pulm/Cards	0	0	0	0	0.5	0	0
Plastic Surgery	0	0	0	0	1	0	0
Elective: JPS	3	2.5	1	1	1.5	2	2
Elective: Rural or Global	0	0	1	1			
Elective: AOE	0	0	0	6	4	2.5	2.5

Time in months

12

12

12

12

12

12

12

Three-year track

Four-year track

*Advanced Rural-Global Medicine and Surgical Track

PGY 4 Rotation

	Maternal Child Health	ARMS*
Adult Inpatient Medicine	1	1
Cardiology	0	0.5
Urology	0.5	0
Trauma	0	1
Geriatrics II	0.5	0.5
SICU	0	0.5
Plastic Surgery	0	1
PICU	0	0.5
Pediatrics: Ambulatory	0.5	0
Sports Medicine	0.5	1
MCH/ARMS international	1	0.5
Elective: JPS	2	1.5
Elective: AOE	6	4
<i>Time in months</i>	12	12

Four-year track

*Advanced Rural-Global Medicine and Surgical Track





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Fort Worth, Texas

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